

1-DAY HIKING TOUR · FROM TBILISI



HIKING TOUR

# KVERNAKI & UPLISTSIKHE

Nadarbazevi Lake · Kvernaki Ridge · Uplistsikhe Cave Town

# About This Tour

This one-day adventure combines peaceful nature, scenic ridge trails and ancient history — all within easy reach of Tbilisi. The day starts at the calm Nadarbazevi Lake, then follows the open trails of the Kvernaki Ridge and the quiet rural landscapes of the Zegardi area.

After the hike, you explore Uplistsikhe Cave Town, one of Georgia's oldest rock-cut settlements, with its cave halls, tunnels and ancient streets. It's an ideal mix of light hiking, panoramic views and cultural discovery for a single day out of the city.

**9–10 h**

Full-day tour

**Easy–Moderate**

Difficulty level

**Tbilisi**

Start & end point

# Highlights

- ✓ Scenic nature close to Tbilisi
- ✓ Peaceful Nadarbazevi Lake
- ✓ Hiking along the Kvernaki Ridge
- ✓ Quiet landscapes of the Zegardi area
- ✓ Panoramic open-air viewpoints
- ✓ Uplistsikhe — ancient cave town
- ✓ Georgia's rock-cut history & architecture
- ✓ Certified local guide & comfortable transport

STOP 1 · ~30 MIN

## Nadarbazevi Lake

The day begins at Nadarbazevi Lake, a peaceful natural spot surrounded by open landscapes. It's a calm start to the tour — a good place to take photos, enjoy the lake views and get ready before the walking part begins.

**~30 min**  
Scenic stop

**Lake**  
Hiking starts here



*Nadarbazevi Lake*

**STOP 2 · 3-4 HOURS**

## **Kvernaki Ridge Hike**

The main hike follows the Kvernaki Ridge, known for its open landscapes and wide panoramic views. The trail mixes ridge paths, natural scenery and peaceful surroundings — a rewarding walk away from the busy tourist routes, led at a comfortable pace by your certified guide.



*Open ridge trails*

**3-4 h**  
Hiking

**Ridge trail**  
Panoramic views

**Guided**  
Certified guide

## ALONG THE WAY

# Zegardi Area

The route continues through the Zegardi area, adding variety to the hike. This quieter, less-commercial section offers a closer look at Georgia's rural nature — ideal for photography, nature observation and simply enjoying the calm open trail.

### Nature

Rural landscapes

### Photography

Quiet trails



*Quiet rural landscapes*

**STOP 3 · ~1 HOUR**

## **Uplistsikhe Cave Town**

The tour ends at Uplistsikhe Cave Town, one of the oldest rock-cut settlements in Georgia and once an important ancient urban centre. Explore cave halls, tunnels, old streets, chambers and viewpoints — a strong cultural finish after the nature and hiking part of the day.

Afterwards, return to Tbilisi.

**~1 h**  
Visit

**Cave town**  
Rock-cut city

**History**  
& culture



*Ancient rock-cut city*

# What's Included

## Included

- ✓ Services of a certified guide
- ✓ Comfortable transportation throughout the tour

## Not included

- ✗ Food and drinks
- ✗ Entrance fee to Uplistsikhe Cave Town

### Good to know

Wear comfortable hiking shoes and bring water, snacks, sun protection and a light jacket for the open ridge. The route may be adjusted for weather and group pace.



*A day in Georgian nature*